

EQUINE CANADA
ENGLISH
COMPETITION COACH

LESSON TOPICS

<u>English Competition Coach</u> <u>Flat Topics</u>	<u>English Competition Coach</u> <u>Jumping Topics</u>
IMPROVE: <ol style="list-style-type: none">1. Progressive transitions2. Riding a horse on contact between leg & hand3. Change of lead through trot4. Lengthen stride at the trot5. Lengthen stride at the canter6. A 3-loop serpentine7. Leg-yield8. The horse's lateral suppleness9. 15m circles	IMPROVE: <ol style="list-style-type: none">1. Riding a line of two fences with a related distance2. Riding a turn to a fence on the diagonal3. Riding a combination (1 or 2 non-jumping strides)4. Eye & stride control at canter over poles.5. Riding a gymnastic of three or more elements using a crest release6. Riding a single oxer on the diagonal