



LESSON PLAN FORM



Prepared by: _____

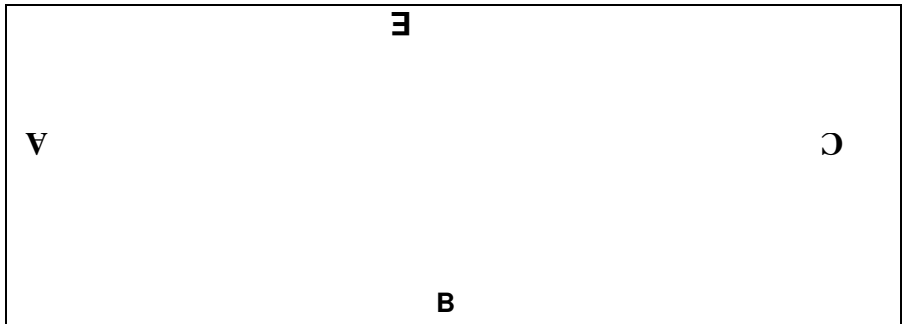
Discipline (if applicable-CCS): _____ **Date:** _____

Date:	Time:	Location:
Stage of Rider Development Initiation Acquisition Consolidation	# of riders and ages	Age of horse(s)
LTED stage:	Stage in Competition Season (CCS ONLY):	
Rider Background:	Preparation:	
Lesson Topic: Immediate Goal: Long Term Goal:	Specific Objectives/ Key Elements: (Skills needed for the riders to manage a logical progression to reach the goal)	

EQUIPMENT LIST

SAFETY CONSIDERATIONS

DIAGRAM OF ARENA SET UP



LESSON SEGMENTS AND TIMELINES

<u>INTRODUCTION</u>	Approximate timeline: _____
<u>WARM-UP</u>	Approximate timeline: _____
<u>EXPLANATION</u>	Approximate timeline: _____

DEMONSTRATION

Approximate timeline: _____

ACTIVITY/PROGRESSION #1

Approximate timeline: _____

Goal/Key point:

ACTIVITY/PROGRESSION #2

Approximate timeline: _____

Goal/Key point:

ACTIVITY/PROGRESSION #3

Approximate timeline: _____

Goal/Key point:

COOL DOWN (If appropriate)

Approximate timeline: _____

CONCLUSION

Approximate timeline: _____