

Possible Teaching Topics for Western Instructor of Beginners

Unmounted Lesson Topics

- Fitting of helmets and safe riding attire
- Grooming Procedure
- Tack Cleaning
- Proper leading and turning of the horse
- Bridling - Proper fitting and technique
- Saddling - Proper technique and fitting, including cinch and breastcollar
- Fire Safety - Procedure
- Hoof care
- Tying a horse

Mounted Lesson Topics

- Introducing the Walk
- Introducing the Jog
- Introducing the Lope
- Mounting safety
- Speed Control
- Position
- Stop
- Back up
- Circling
- Rein effects: Open Rein, Direct Rein, Neck Rein, Rein of Opposition
- Change of direction
- Eye Control
- Posting Trot
- Correct Diagonals
- Identifying leads at the lope
- Turn on the Forehand
- Turn on the Haunches
- Figure 8
- Simple change of lead (through jog or walk)

Use of games or props should be encouraged, where appropriate.