



MOUNTED LESSON PLAN FORM (Blank)
 (To be prepared for a one hour group beginner lesson)
 Only approx. 20-30 min of an actual lesson will be evaluated

Prepared By/Date: _____

LOGISTICS

DATE:	TIME:
LOCATION:	NUMBER OF BEGINNERS: Group of Three
RIDER(S) EXPERIENCE:	STAGE OF PARTICIPANT DEVELOPMENT INITIATION – ACQUISITION - CONSOLIDATION
ATTACHED FACILITY MAP (Y/N):	ATTACHED EAP (Y/N):
LESSON GOAL (TOPIC):	
SPECIFIC OBJECTIVES/KEY ELEMENTS: (Steps in the progression needed to reach the goal)	

EQUIPMENT LIST

DIAGRAM OF ARENA SET UP

LESSON SEGMENTS AND TIMELINES

INTRODUCTION:	Approximate timeline: _____
WARM-UP:	Approximate timeline: _____

EXPLANATION:	Approximate timeline: _____
DEMONSTRATION:	Approximate timeline: _____
MAIN PART ACTIVITY/PROGRESSION # 1: Objective/Key point: _____	Approximate timeline: _____
MAIN PART ACTIVITY/PROGRESSION # 2: Objective/Key point: _____	Approximate timeline: _____
MAIN PART ACTIVITY /PROGRESSION # 3: Objective/Key point: _____	Approximate timeline: _____
COOL DOWN:	Approximate timeline: _____
CONCLUSION:	Approximate timeline: _____