

HORSE COUNCIL
BRITISH COLUMBIA



Rookie Riders Instructor Training Workshop Application

February 2020

Application to host a Rookie
Riders training workshop by
an Equestrian Facility, HCBC
Affiliate or Club



*This application form is for
Equestrian Center owners or
managers wanting to offer Rookie
Rider programing at their facility.*

*The application is also for HCBC
Clubs and Affiliates that would like
to offer their Rookie Rider Instructor
training to their EC Certified Coaches
and Instructors.*

Wendy Sewell
coaching@hcbc.ca

Welcome to Rookie Riders

Why offer Rookie Riders?

Offering Rookie Riders allows Equestrian Facilities and Coaches an opportunity to expand their programming to children who are new to horses, and would not otherwise be able to interact with horses or learn to ride. New participants are potential new clients, as we hope to develop a love of horses and riding that carries on past their initial introduction through Rookie Rider.

Rookie Riders provides an opportunity for children to experience the joy of equestrian sport in a fun-filled program. This program is a National Equestrian Canada initiative and is fully supported and administered by Horse Council BC. Rookie Riders is intended for *children between the ages of 6 and 12* years of age. The Program curriculum is specifically designed to create an environment which promotes the development of physical literacy, with a specific emphasis on the fundamental movement skills applicable to all sports and a foundation of knowledge and skills to be able to ride a horse.

The program is designed to teach all of the skills necessary to safely mount and dismount a horse, before being introduced to a horse for the first time. The curriculum includes options for delivering the program with or without a horse. No riding experience is required. It includes:

- Horse inspired activities and games to develop fundamental movement skills and knowledge about how to interact with and move safely around horses.
- Ground based skills that help develop strength, posture and body awareness, and specific movement skills to be able to safely mount and dismount a horse.
- A “barrel horse” where skills can be specifically taught and practiced.
- An activity “bank” and sample lesson plans that help students progress systematically from ground-based skills, to mounted skills (practiced on the barrel) and then to mounted skills on a horse

Rookie Rider Objectives

- Children will learn about horses and how to safely interact with them (horsemanship)
- Develop fundamental movement skills necessary for riding by engaging students physically, mentally and emotionally in individual and group activities
- Learn to safely mount and dismount
- Develop the ability to maintain a balanced and relaxed position, with proper posture while mounted. Become comfortable changing into a variety of positions and hold reins while mounted
- Develop a foundation towards the Equestrian Canada Learn to Ride – English or Western Level 2

Why use Rookie Riders? *Rookie Riders brings new riders to facilities, instructors, coaches, and clubs by offering:*

- Introducing riders to your facility or club
- Developing equestrian skills without horse ownership
- Introducing a wide range of children to horses and riding
- Have your facility recognized as a Rookie Riders training facility by HCBC and EC
- A way to reach out to new riders/clients at schools, community events, camps, sports days and many other opportunities where the barrel horse can be used.

Rookie Rider Instructor/Facility Requirement Information Sheet

Rookie Riders is taught to instructors in two 7 hour sessions, Rookie Riders 1 (7 hours) will focus on games, ground skills, and mounted skills on the barrel. Rookie Rider 2 (7 hours) focuses on transferring mounted skills to the horse and practice in the equestrian environment.

*Facility Requirements:

- Indoor Classroom with Chairs or a gym area
- Large arena (indoor or outdoor) for gymnastic exercises
- Stall area with demo horse, saddle, bridle, grooming supplies
- Steady horse to lunge with surcingles to fit
- Rookie Rider barrel(s) or permanent vault barrel
- Rookie Rider accessories, bean bags, gym mats, cones
- Internet and WiFi access
- Washrooms
- Emergency Action plan in place and appropriate insurance
- Have a facility waiver or informed consent

**Participants:

- EC Certified Coach or Instructor
- Certified Teacher
- NCCP Certified
- Participant must bring a laptop, Smart Phone, tablet or iPad during for online content
- To be trained for Rookie Rider 2, participants must have completed Rookie Riders 1 *and* be an EC Certified Coach or Instructor.
- A maximum of 10 participants session

***Local Coordinator responsibilities

- All Rookie Rider training requires at least 1 local coordinator
- Organize the demo children (6 to 8 per 10 coaches)
- Organize and liaise with the facility and HCBC
- Organize the horses and demo children if offering for Rookie Riders 2

Horse Council BC

- Hires and remunerates the Learning Facilitator
- Pays the normal training expenses (venue fee, Learning facilitator travel)
- Submits all paperwork required and adds each successful participant to the National List of Rookie Rider Instructors
- Issues certificates for Rookie Rider 1 and Rookie Rider 2 upon completion
- Works with the local coordinator to advertise and promote the workshop
- Sends out information to the participants prior to the training session(

Rebates and Free training!

***Facilities** can become accredited Rookie Rider partners by hosting a training session, having a trained Rookie Rider instructor on site, meeting the facility requirements and purchasing a Rookie Rider Barrel. Accredited Facilities will receive a \$250.00 rebate on their purchase of a Barrel kit.

****Coaches and Instructors** who take the training will receive a \$250.00 rebate on the purchase of a Barrel kit

*****Local Coordinators** will receive a free training session if they are an EC Certified Coach or Instructor.

Rebates are available until the fiscal year's budget is depleted.



Application to host a Rookie Rider Workshop (Club or Facility)

Facility/Club Name: _____ **HCBC #** _____

Address: _____

City: _____ Postal: _____

Phone: _____ Website: _____

Email: _____

Facility/Club Contact: _____

Organizer Name: _____ **HCBC #** _____

Phone: _____ Email: _____

Local Coordinator: _____

HCBC# _____

Email: _____ Phone: _____

Date Request: _____

How many participants do you anticipate? _____

Will you offer Rookie Rider 1 (yes/no) _____

Will you offer Rookie Rider 2 (yes/no) _____

Do you have a Rookie Rider barrel? _____

Do you have a Vaulting barrel? _____

HCBC will send out information to the Organizer and the Local Coordinator along with the link for participants to register on www.hcbc.ca

Upon receipt of this application, HCBC will approve the date and hire the Learning Facilitator for the event. If two Learning Facilitators are required, please supply 3 suggested dates.

Return to:

Wendy Sewell, Manager of Coaching

Horse Council BC

27336 Fraser Hwy, Aldergrove, BC V4W 3N5

604-856-4304 ext 1004 fax 604-856-4302 or email to coaching@hcbc.ca



Rookie Rider Instructor Training in ACTION

