



Kamloops Therapeutic Riding Association

Physical Address: 4155 Shuswap Road, Kamloops BC V2H 1S8

Mailing Address: PO Box 1497, Kamloops BC V2C 6L8

www.ktra.ca

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Avery has been an integral part of our program, exemplifying dedication, compassion, and a tireless work ethic. As both a rider and a volunteer, she has proven herself to be an exceptional individual who embodies the values of our therapeutic riding community.

Graduating from grade 12 in the summer of 2023, Avery successfully transitioned into her adult life by securing a part-time job. Despite her busy schedule, she has devoted the majority of her free time to supporting our program and the horses she loves. Her days at the barn are spent tackling an array of essential tasks that keep our facility running smoothly. Whether cleaning paddocks, adding fresh shavings to shelters, maintaining auto waterers, raking loose hay, or cleaning tack, Avery approaches every task with enthusiasm and a positive attitude. Her commitment ensures a safe and welcoming environment for both our horses and participants.

In addition to her efforts behind the scenes, Avery's contributions during our lesson sessions are invaluable. She actively prepares horses for lessons, assists as a leader, and provides support as a side-walker when needed. Her ability to connect with both horses and riders demonstrates her deep understanding of the therapeutic benefits of our program and her desire to give back to the community that has supported her.

Avery's dedication, coupled with her unwavering enthusiasm, has made her an inspiring role model for others in our program. She not only supports the operational aspects of the barn but also fosters a sense of community and inclusion that enhances the experience for everyone involved. Her hard work, commitment, and selflessness are truly deserving of recognition.

We couldn't be happier to nominate Avery for the Bob James Volunteer of the Year Award. It is rare to find someone as selfless and devoted as Avery, and we are honored to recognize her invaluable contributions.

Sincerely,

Ashley Sudds

Executive Director of Kamloops Therapeutic Riding Association