

**Learn To Drive  
 Evaluation Requirements**

No	Requirement	Evidence
1.0	<b>Lungeing and the Use of Sidereins</b>	
1.1	Identify the purpose of lungeing and the use of sidereins	<i>Shall identify the uses of lungeing which include exercising, warming up and suppling a horse in preparation for further work, instilling obedience and an understanding of voice commands, can increase lateral and longitudinal suppleness and balance and relaxation, can promote development of rhythmic movement          Side reins assist in teaching self- carriage, balance and acceptance of contact with the bit</i>
1.2	Identify and correctly fit the lungeing equipment including leg protection	<i>Shall describe the lungeing equipment including the open bridle, lungeing cavesson, lunge line, surcingle, crupper, lunge whip.          Should properly fit the equipment being used for the demonstration.          Leg protection should be applied correctly – can be either wraps or boots.</i>
1.3	Evaluate the exercise area for any safety concerns	<i>Candidate must check the work area to insure safety for horse and human – areas of concern include open gates, footing, fencing, hazards, things that could potential distract or frighten the horse.</i>
1.4	Demonstrate a safe method of lungeing at the walk and trot including a change of directions	<i>Candidate shall demonstrate proper body position – opposite and perpendicular to the horse, lunge line to the leading hand, excess line held safely, whip directed at the hip for forward or the shoulder to keep the horse out.          Candidate should use proper , consistent voice commands for gaits          Direction changes – candidate should halt the horse on the rail, approach the horse while collecting the lunge line, change direction then proceed</i>
1.5	Demonstrate the correct application and usage of sidereins and lunge the horse with the sidereins in use in both directions	<i>Candidate must put on the sidereins – inside rein first then outside rein Candidate to adjust the sidereins from loose at the beginning to shortening to provide light but consistent contact          Must demonstrate knowledge as to why adjustments are necessary and the possible problems caused by incorrect adjustments.          Direction changes – candidate should halt the horse on the rail, approach the horse while collecting the lunge line, change direction then proceed</i>