



Western Competition Coach Lesson Plan Topics

Western Competition Coaches will Teach 3 Lessons

- Group lesson in a Rail Lesson
- Maneuvers Lesson
- Teach a student how to lunge a horse

Rail Lesson Topics

A Lesson plan to IMPROVE horse and rider skill in a Rail Lesson

IMPROVE (group of 3-4 riders, one hand):

- Speed control (Pace Control)
- Collection
- Upward & downward transitions
- Rider position
- Progressive & non-progressive transitions
- Spacing in a group
- Stop
- Back-up

Maneuvers Lesson Topics

A Lesson plan to IMPROVE horse and rider skill in a Maneuvers Lesson

IMPROVE (1 rider, may use 2 hands):

- Turn on the haunch
- Turn on the forehand
- Circles (large & small, fast & slow)
- Side-pass
- Two track (jog)
- Simple lead change through jog
- Stop
- Back-up
- Upward & downward, progressive & non-progressive transitions

The lesson plan topics the candidate submits will be the same lesson plan that they will teach at the evaluation