



Western Competition Coach Specialist Lesson Plan Topics

Western Competition Coaches Specialist Options:

General Performance

- Two general performance lesson plans
- Select each topic from two different disciplines

Reining

- Two reining lesson plans

Speed Events

- A barrel racing lesson plan
- A pole bending lesson plan

General Performance Lesson Topics

IMPROVE horse and rider skill

WESTERN PLEASURE – plan for 3 students

- Collection
- Pace control
- Stop
- Back
- Progressive & Non-progressive transitions.

SHOWMANSHIP – plan for 1 student

- Correct walk & jog
- Stop
- Turn on the Haunches
- ¼ system
- Squaring the horse
- Back

HORSEMANSHIP – plan for 1 student

- Circles
- Straight lines
- Turn on the Haunches
- Collection
- Figure 8's
- Change of lead

- Progressive & Non-progressive transitions
- Stop
- Back

TRAIL – plan for 1 student

- Jog over poles
- Lope over poles
- Gate
- Side Pass
- Backthrough
- Bridge
- Transitions between obstacles

WESTERN RIDING (Optional) – plan for 1 student

- Flying Lead Changes
- Stop and Back
- 2 Track at the Lope
- Counter canter
- Jog/Lope over a pole
- Serpentine around cones



Reining Lesson Plan Topics

2 Lesson plans to IMPROVE horse and rider skill:

- Turn on the haunch
- Turn on the forehand
- Circles (large & small, fast & slow)
- Side-pass
- Two track (jog)
- Simple lead change through jog
- Stop
- Back-up
- Upward & downward, progressive & non-progressive transitions

Speed Events Lesson Plan Topics

Choose 1 topic for Barrel Racing AND 1 topic from Pole Bending from list below.

Lesson plans to IMPROVE horse and rider skill

- Leg Yield
- Flexion
- Rate
- Speed Control
- Side Pass
- The Pocket
- Rollback
- Lead Changes

The lesson plan topics the candidate submits will be the same lesson plan that they will teach at the evaluation