



## **Western Instructor Lesson Plan Topics**

### **Western Instructors will Teach 3 Lessons**

- Group lesson on the Flat
- Group unmounted lesson
- Teach a beginner on the lunge

### **Unmounted Lesson Topics**

- Grooming Procedure
- Basic Horse Handling
- Bridling - Proper fitting and technique
- Saddling - Proper technique and fitting
- Hoof care
- Tying a horse
- Bandaging (Stable, Shipping or Tail)

### **Mounted Lesson Topics**

- Introducing the Walk
- Introducing the Jog
- Introducing the Lope
- Mounting/Dismounting safety
- Speed Control
- Body Position
- Stop
- Back up
- Circling
- Rein effects
  - Open Rein
  - Direct Rein
  - Neck Rein
  - Rein of Opposition
- Introducing Leg Yielding
- Posting Trot
- Correct Diagonals
- Identifying leads at the lope
- Introducing Turn on the Forehand
- Introducing Turn on the Haunches
- Figure 8

Use of games or props should be encouraged, where appropriate

***The lesson plan topics the candidate submits will be the same lesson plan that they will teach at the evaluation***